



MASTERCLASS STREAM

Saturday 17 May 2025 – Boulevard Room 3

7:45 – 8:15am	Registration Open
8:15 – 8:30am	Welcome
8:30 – 9:30am	Management of Lumbar Spondylolisthesis in the Elite Professional Golfer – Dr Josh Nelson
9:30 – 10:30am	Concussion and TBI: Supporting Recovery Through Nutrition, Supplements, and Lifestyle Nick Breen
10:30 – 11:00am	Morning Break
11:00 – 12:00pm	Pain in the Butt – Tackling Hamstring Tendinopathy in Distance Runners – Dr Luke Nelson
12:00 – 12:30pm	Game Changer – Chiropractors Leading Injury Surveillance in Sports Clubs- Dr Mike Swain
12:30 – 1:00pm	Laser Beams, Sharks and Ill Tempered Bass – Dr Peter Garbutt
1:00 – 2:00pm	Lunch
2:00 – 3:00pm	Re-integrating Upper Limb Function with the Spine – Dr Nick Papastamatis
3:00 – 3:30pm	Biomechanical Considerations and Chiropractic Interventions – Dr David Steven
3:30 – 4:00pm	Afternoon Break
4:00 – 5:00pm	Clinical Tips for Managing Common Running Related Bone Stress Injuries - Brad Beer
5:00 – 5:30pm	The Female Athlete – Dr Hayley Elmsly
5:30 – 6:00pm	Awards

Sunday 18 May 2025 – Boulevard Room 3

8:00 – 8:30am	Registration Open
8:30 – 9:30am	The Barefoot Athlete – Dr Lizl Westermann
9:30 – 10:30am	The Training-Performance Puzzle – Prof Tim Gabbett
10:30 – 11:00am	Morning Break
11:00 – 1:00pm	Load Adaptation Workshop – Prof Tim Gabbett
1:00 – 2:00pm	Lunch
2:00 – 3:00pm	Vascular Injuries in Sport – Dr Henry Pollard
3:00pm	Symposium Concludes